

LOU FUSZ FOOTBALL JAMBOREE

August 17th

Lou Fusz Athletic Training Center
Outdoor Fields

Saturday, August 17th 2-hour segments broken down as follows:

:00-:10 Warm-up Areas Team 1 20yd line- GL
 Team 2 45yd line-25yd
 Team 3 45yd line-25yd
 Team 4 20yd line-GL

:10-:20 Individual team drills

:20-:30

Team vs Team

10 plays from 40yd in. Possible to get 1st downs. Keep drives moving if first down is achieved. If held without getting a first down or a score is achieved, ball returns to 40yd line.

No hits on QB and quick whistles on contact.

Team 1 O vs Team 2 D

Team 3 O vs Team 4 D

:30-:35 Water break

:35-:45

Team 2 O vs Team 1 D

Team 4 O vs Team 3 D

:45-:50 Water break

:50-1:00

Team vs Team

10 plays from 20yd. Possible to get 1st downs. Keep drives moving if first down is achieved. If held without getting a first down or a score is achieved, ball returns to 20yd line.

No hits on QB and quick whistles on contact.

Team 1 O vs Team 4 D

Team 2 O vs Team 3 D

:00-:05 Water break

:05-:15

Team 4 O vs Team 1 D

Team 3 O vs Team 2 D

:15-:20 Water break

:20-:30

Team vs Team

4 plays from 10 yd line. Try to score. If you don't, rotate offense to defense

Team 1 O vs Team 3 D

Team 3 O vs Team 1 D

Team 2 O vs Team 4 D

Team 4 O vs Team 2 D

:30-:35 Water break

:35-2:00

Best Jam

3 plays from 5yd line. Each defense rotates in for one (1) play. Either offense scores a TD or not. Full contact on all parties.

One (1) point is awarded for each TD. Team with top two points will advance to next round on offense but all teams must play defense. Example: If 1 O scores 3 times and other 3 teams O scores twice, other 3 offenses go again until two are eliminated. Final team standing is deemed winner of Jamboree.

Team 1 O v 2,3,4 D

Team 2 O v 1,3,4 D

Team 3 O v 1,2,4 D

Team 4 O v 1,2,3 D

Additional Information

Here are the details for LFA Football Jamboree:

Teams:

- TBD

Cost:

- \$150 per team
- If a team signs up for both LFA Jamboree AND Kickoff 2 Kickoff, cost for both events is \$325

Attire:

- Saturday:
 - All players wear helmets, shoulder pads and pants

Tempo:

- All team vs team sessions will be THUD tempo / quick whistle on QB's
- Refs on the whistle...try to blow dead prior to big contact
- Best Jam is live and full contact.
- This is a warm-up to the Kickoff 2 Kickoff and is NOT a full game. This allows teams to practice game-like situations with coaches on the field.

Timing:

- 4th grade: 9-11am
- 5th grade: 11:30am-1:30pm
- 6th grade: 2-4pm
- 7th grade: 4:30-6:30pm

Trainer/Water:

- Certified Athletic Trainer will be present.
- Please bring plenty of fluids. There will be water and concessions for purchase on-site at the event.