

2018 Rules & Regulations

Welcome to the 2018 1st Annual Lou Fusz Gravy Bowl. Please read entire rules!!!! Rules below apply to all games played in any Lou Fusz Football tournament.

The Gravy Bowl will be held Friday November 23, Saturday November 24 and Sunday November 25 at:

LF Facility at Rams Park

Parkway Central HS

1 Rams Way

369 N Woods Mill Rd

Earth City, MO 63045

Chesterfield, MO 63017

Tournament Cost/Fees

The cost to compete in the Gravy Bowl is \$350 per team. All tournament entry fees will be paid online via our online registration with a debit or credit card. Tournament registration deadline is November 15th. Once a team is registered and accepted to compete in the Gravy Bowl, there is no refunds available. If for any reason a registered team does not show up on the event weekend, the registration fee is voided and will be used to re-assign the division.

Guaranteed Games Notification

The LFA Gravy Bowl guarantees two (2) games to each team in the tournament field of play. Each division will have a maximum of six (6) teams. Round robin play will guarantee a game of each team on Friday AND Saturday. The CHAMPION and runner-up will be played on Sunday.

Team Spectator Admission Fees

\$5.00 admission fee per person per day. Children 5 and under are free. A wristband can be pre-purchased for \$10.00 that will get in unlimited access via the website. The wristband must be worn all weekend and cannot be transferred. Please inform parents of this fee prior to attending the tournament. Please be prepared to pay gate fees in cash unless a pre-purchased wristband was acquired. There will be no fee for parking. Concessions will be available at both locations and no outside food or beverages (except for the athletes) will be allowed.

Hotel Accommodations Information & Rules

The Gravy Bowl will be using Traveling Teams to accommodate your hotel stays. Please DO NOT book a team hotel or a hotel room on your own without going through Traveling Teams. Since this is a holiday weekend, LFA has secured the closest, cost-effective locations for all teams coming in from out of town. In past tournaments, commuting teams have tried to stay at different hotels on their own. Due to weather issues, traffic, etc, they were late to the game and had to forfeit. This causes agitation for ALL involved. For this reason alone, you MUST book your rooms through Traveling Teams. This will also allow one team to all stay in the same hotel.

[Click here to reserve your rooms.](#)

Game Play Rules

Gravy Bowl rules follow Missouri High School Activities Association rules and will govern tournament play in the Gravy tournament events, with the following changes, exceptions, additions, clarifications and emphasis.

2nd & 3rd grade guidelines

Two (2) coaches will be allowed on the field.

All special teams' plays are no rush. To speed up play, there will be no kickoff for these age groups and the offense will start on the 30-yard line.

No blitzing allowed.

Extra Point: Two (2) points for a successful kick. One (1) point for a successful run or pass.

4th grade guidelines

One (1) will be allowed on the field. To speed up play, there will be no kickoff for these age groups and the offense will start on the 30-yard line.

5th, 6th, 7th and 8th grade guidelines

No coaches allowed on field. To speed up play, there will be no kickoff for these age groups and the offense will start on the 30-yard line.

Bracket Seeding: Each team at each division will play one (1) game on Friday and one (1) game on Saturday. The championship game will be played on Sunday. To qualify for the championship game in case of ties will be as follows:

- 1) W-L record
- 2) Point difference head to head
- 3) Points allowed
- 4) Point differential
- 5) Points Scored

Game Clock Rules

Each game is made up of (4) four (8) eight-minute quarters. Running clock. Each team will receive (2) two timeouts per half. Clock stops last two minutes of each half (runs regulation then). Clock does stop on all scores and timeouts. Each team will receive two (2) timeouts per half. We use the modified clock for efficiency, so we can fit in all the games. Average game times run between 65 - 80 minutes.

Tie breakers in game

Each team will receive four (4) downs starting at the ten-yard line. If one team scores and the other doesn't, the game is over. Field goals count as three (3) points, touchdowns count as six (6) points. Extra points are as explained above. Extra point tries need to be tried. Each team will get one (1) time out in extra time. There is zero carryover of timeouts from regulation time.

Any violation of these rules will result in an unsportsmanlike conduct penalty.

Due to the limited time between games, please have your team lined up on the end lines of the field you will play on five minutes into the 4th quarter of ongoing game. Be ready to play with ID cards available to be checked.

Chains will be provided but the home team must provide a chain gang for each game. This is a three-person crew. Please have your crew preassigned so games stay on time.

Game Officials

Three (3) MHSAA licensed officials will be available for 2nd, 3rd, 4th and 5th grade divisions. Four (4) MHSAA licensed officials will be assigned to each game for 6th, 7th and 8th grade divisions. A field manager will also oversee each division and keep tournament games operating efficiently. Please direct any questions to your field manager over your division.

Grade Cutoff Rule

This tournament is played by grade level. At weigh-ins, a player will be identified for his division by having a current report card and a government issued ID.

Player Registration Rules

Coaches will pre-register on our website registration system (LeagueApps) and pay all team fees. All team players in attendance must have an account built under team name in the registration system. Roster size are minimum of fifteen (15) players and a maximum of twenty (20) players.

Each player must build their profile on LeagueApps once a team signs up for the Gravy Bowl. This process takes less than ten minutes but protects all participants involved. This roster will be available at weigh-ins. If the roster printed out by Gravy Bowl staff is different than the one provided by the team manager or coach, the Gravy Bowl roster will be the one used. Do NOT try to sneak a player in at the last minute and it is YOUR responsibility to make sure all your players have an account on League Apps and are assigned to your team.

Be prepared to turn in a "printed document roster", not a hand-written roster! If your roster is hand printed your team will not be allowed to participate in the tournament, no exceptions! Updated team roster will be at check-in (this will stay with tournament staff). This is VERY IMPORTANT!

Weigh-ins will be held Monday, November 19 at LF Facility at Rams Park in the indoor turf from 5pm-9pm for teams registered in the area. A schedule will be sent out on Friday, November 16 for each team weigh-in time. Teams out of the area will weigh-in on the morning of Friday, November 23 starting at 6am.

Weight limits

2nd grade: 90 lbs. 3rd grade: 100lbs. 4th grade: 110lbs. 5th grade: 120lbs. 6th grade and up: No limit

All players will weigh-in (If divisions require) and receive their wrist-band and will be worn all weekend long. Players MUST repeat process if arm-band isn't on. One coach per team MUST sign-in to receive "Coaches Pass". Each team is allowed five (5) total coaches. One coach signs for ALL coaches. All coaches must have a coaches pass to be on the sidelines and near teams. **No parents or spectators allowed in the coaches box during games!**

Player Age Dispute – In Game

If you have any concerns with any player on a team roster, please bring your concern to the head official and tournament directors for player age review. Do not come to the tournament directors after you lose a game! Please respect the tournament and use players that are eligible based on tournament grade requirements. Cheating does not benefit anyone. The head official and field coordinators will have the final say. Once the game is completed, all protests are deemed voided.

Team Check-In Details

All teams will be required to check-in 30 minutes before your first game, so please plan accordingly and have your team ready and your documents ready to ensure a quick check-in process. You will be notified of the check-in location in advance.

Additional Players Notification (Rosters)

Once your roster is submitted, you cannot add new players at any time during the tournament. If we find out that an ineligible player has been added to any roster, your team will be disqualified from the tournament and be escorted off tournament locals by local law enforcement immediately. This includes changing of jerseys and equipment to an ineligible player or players. Don't be cheaters! Cheating helps no one.

Please Advise! ALL TEAMS MUST HAVE A TEAM BOOK WITH A COPY OF THEIR REPORT CARDS, PLAYER PHOTO, GOVERNMENT ISSUED ID OR SCHOOL ID (7TH & 8TH GRADERS) DURING THE TOURNAMENT, NO EXCEPTIONS OR PLAYER WILL NOT BE CLEARED FOR TOURNAMENT GAMES, WILL NOT PLAY!!!